

Trials continue for Nottingham rowers

Written by Administrator

Monday, 16 November 2015 15:00 -

Despite a weather forecast of heavy rain and high winds, rowing trials went ahead for the Team GB Paralympic squad in Reading and for juniors in Boston (Lincolnshire) on Saturday 14th November.

At Caversham near Reading, the national rowing training centre, conditions were 'on the cusp of rowable'. Nottingham Rowing Club's world champion Grace Clough and her team mate Pam Relph rowed in a 1000m time trial (which replaced a 2000m piece) and put in an eye catching performance which coach Tom Dyson called: 'One of the strongest LTA (legs, trunk, arms category) performances we have ever seen from a women's pair. They were very quick'. Grace has another trial in December as she prepares for the Olympic Games in Rio next year.

In Boston the Early ID Assessment for junior men and women took place on the River Witham. Nottingham Rowing Club coaches Nicola Benavente and Declan Gamble took four athletes. In the junior men's race James Mawby came 4th and put down an early marker for a Team GB place. In the junior women's trial, in a very large field Lucy Holgate was 38th, Hannah Stocks 57th and Rachel Heap 59th.

The next junior trial will be in February 2016, also in Boston.