

## Open Day 2015

Written by Administrator  
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Have you ever wondered how to get into the sport of rowing? One of Britain's most successful sports in terms of international successes, rowing has a reputation as an elitist sport - but away from the public schools and older universities nothing could be further from the truth. Most large cities and towns in the UK have one or more local rowing clubs who are very keen to welcome you and introduce you to what is probably a totally new activity.

Here in Nottingham, the predominant club is Nottingham Rowing Club, based near Trent Bridge (you'll recognise us by our club colours of dark blue, light blue and gold). Although the club holds regular Learn to Row courses throughout the year, this year we're having an open day on Sunday July 12th when we hope to introduce the club to as many people as possible.

So if you're thinking of taking up a new challenge, why not come along? To give us an idea of numbers just drop us an email to [nrcopenday@gmail.com](mailto:nrcopenday@gmail.com)

**FREE EVENT!**

# NOTTINGHAM ROWING CLUB

# OPEN DAY

## TRY SOMETHING NEW GET IN A BOAT

SUNDAY 12TH JULY 10am to 5pm



Suitable for all abilities and ages over 18!  
Come and experience our friendly club,  
get a taste of rowing on the river  
and get a chance to cox a crew.  
all under the watchful eye  
of our friendly coaches!

To register your interest please email: [nrcopenday@gmail.com](mailto:nrcopenday@gmail.com)

Nottingham Rowing Club, Middle-of-Three  
Trentside North, West Bridgford, Nottingham, NG2 5FA