

Two wins for new rowing coach Nikki

Written by Administrator

Monday, 29 December 2014 13:43 -

On the same weekend that the Nottingham Rowing Club Junior Sculling Squad (Rushcliffe's Junior Team of 2014) were competing at Walton on Thames, a new squad of relative beginners attended the 'Really Small Boats Head' on a 2,200m stretch of a twisty and fast flowing River Derwent at Derby. This is a new event in the calendar, and represents a welcome return of competitive rowing to Derby.

The squad that went to Derby is coached by Nikki Spencer, currently completing her Level 2 British Rowing Coaching Award. Nikki has an impressive rowing pedigree, with wins on the Trent and Thames and at the National Championships and Henley Women's Regatta. In 2014 she won the Head of the Trent, the Provincial Pennant at the Women's Eights Head of the River, Double Sculls at Henley Women's Regatta and also won a silver and a bronze at the Commonwealth Games Regatta. Her rowing squad was recognised by Nottingham City Sports Awards as 'Team of the Year 2014'. She has now taken up coaching and is putting back valuable experience into the sport.

At Derby **Georgina Grainger** won Women's Novice Single Sculls and then teamed up with **Simone Uittenboogaard** to win Novice Double Sculls. Nikki said: "It was a great event with a very friendly atmosphere. It was some of the girls first races and they have gained invaluable experience to take to their next race."

Nottingham Rowing Club have 23 Winter Wins as they finish 2014. The Club winter record is 65 set in 2013/2014, so a long way to go by March. The next big event will be Boston Head on January 25th 2015.

British Rowing Trials are due to take place this weekend 20th-21st December in Boston but many of the Club will be concentrating on the 'Pudding Races' rowed upstream from the University Boathouse to the Club, to bring the first part of winter training to a close.